

## LETTER FROM THE PRESIDENT - CFOT PRESIDENTIAL CHANGE

It is a distinct pleasure to welcome Pat Nagaishi, Ph.D, OTR/L as the incoming President of the California Foundation for Occupational Therapy (CFOT)! Pat is no stranger to the occupational therapy community nor to leadership roles. She has been active in the Occupational Therapy Association of California (OTAC) having served on many committees and as Chair of the Practice, Quality Assurance and Ethics Committee, as Vice President of OTAC for two terms, President Elect, and President of OTAC for two terms. Pat is also no stranger to CFOT. As the Vice President of OTAC, she was the liaison to the CFOT board and was an active participant in meetings. As President of OTAC, she took time from her busy schedule to lead the CFOT board in updating their strategic plan.

Pat is currently the Occupational Specialist at the Pasadena Unified School District and has served as a practitioner and consultant in many pediatric based programs. She has been on faculty of the California State University Dominguez Hills.

Pat has many skills and a steadfast commitment to quality. I look forward to her leadership of the CFOT and new directions she may propose. Pat will be the third president of CFOT. Pat and I will work together throughout this year and Pat will assume the office of President of CFOT at the beginning of the CFOT fiscal year which is January 1, 2018.

I have been involved with CFOT since its inception serving as Ways and Means Chair, Secretary, Member at Large and President for 19 years! It has been a good run and one for which I am very grateful. I am proud to be associated with the CFOT. Over the years, I have worked closely with the many members of the CFOT board, with the changing OTAC leadership, and the California occupational therapy community at large. I have learned a great deal from this experience, have made lasting friendships, and have a treasure chest of memories! I thank the occupational therapy community for this incredible opportunity to facilitate occupational therapy education and research through the work of the CFOT.



## MEET THE NEW CFOT PRESIDENT

Patricia Nagaishi, Ph.D., OTR/L is a dedicated practitioner and consultant with over 35 years experience providing occupational therapy services to children and families from diverse cultural and socioeconomic backgrounds in community and medical settings. She has extensive knowledge and utilization of a range of theories, frames of reference and intervention approaches. Dr. Nagaishi's areas of expertise include infant and early childhood development, infant and early childhood mental health, evaluation and assessment, sensory processing and self-regulation, oral-motor and feeding dysfunction. Early intervention, school-based practice, and developmental disabilities, including early autism.

Dr. Nagaishi served as President of the Occupational Therapy Association of California for two terms from 2012—2016. She has an in-depth knowledge of local and state service delivery systems and state and federal legislation affecting pediatric occupational therapy practice.

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## CALL FOR NOMINATIONS FOR 2017 CFOT HUMANITARIAN AWARD

This award is to honor individuals who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

This award is in recognition of consistent, significant humanitarian activities. Recipients do not have to be occupational therapists. A letter of nomination and letters of support should be sent to Dottie Ecker, chair of CFOT Recognitions and Awards at:

3944 Windsor Pl, La Canada - Flintridge, CA 91001.

**The deadline for submission is May 31, 2017.**

## CFOT ON FACEBOOK

Join us on Facebook and help us build a following with social networking!

Find us at <https://www.facebook.com/groups/cfot.org/>.

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A very special THANKS to OTAC for the continuing support to CFOT philosophically and financially. OTAC provides CFOT with 1% of dues money to use for overhead when financially feasible. 2016 was a great year for OTAC and CFOT as well!

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## 2017 CFOT HONORED LECTURER

The CFOT is delighted to announce that Ada Boone Hoerl, MA, COTA/L will be the 2017 CFOT Honored Lecturer! She is currently Program Coordinator and Professor of the Occupational Therapy Assistant Program at Sacramento City College. She is the first occupational therapy assistant to be named a CFOT Honored Lecturer!



Ada Hoerl received her BS degree in Newspaper Production Management from Rochester Institute of Technology, her AS degree in occupational therapy from Sacramento City College and her MA degree in Education/Special Education/Adult Learning Disabilities from California State University in Sacramento, CA. Her master's project involved using Dunn's Model of Sensory Processing to create a self-regulation program to improve academic success for community college students receiving disability services.

She has made numerous professional presentations on leadership and other topics at annual conferences of OTAC and other organizations. Her publications include information on working with families and caregivers of elders in textbooks for the occupational therapy assistant. She has been active in occupational therapy organizations in a variety of roles and received the OTA Honorary Award from OTAC in 2015.

The Honored Lecturer may speak on any topic so please look for upcoming information in OTAC E-blasts!

## FUNDING OPPORTUNITIES FOR RESEARCH AND PROJECT DEVELOPMENT

CFOT is committed to occupational therapy client success throughout California by supporting the research and program development efforts of the members of OTAC (required). All occupational therapy practitioners or students in occupational therapy curricula in the state of California are eligible to submit proposals for grants or seed money.

### Research Grants:

Awards for Research Grants are available for up to **\$6,000.00** for practicing occupational therapists (licensed in California) including academicians and post entry-level students engaged in independent advanced practice, doctoral level, or post-doctoral level research. Grants must be **submitted by June 15<sup>th</sup>** each year.

**Seed Money:** Seed Money awards are available for up to **\$250.00**. Seed money requests are reviewed and distributed quarterly and can be **submitted throughout the year**. No seed money request is too small!

### **Research Seed Money:**

Typically, applicants for this funding are individual occupational therapy practitioners/academics conducting pilot studies, needs assessments, or studies requiring less extensive research efforts and funding than those applicable for the above Research Grants. Also, appropriate for this level of funding are research related projects conducted by entry-level occupational therapy students.

(Continued on page 6.)

## ENSURING OUR FUTURE

After 35 years of successful support for OT scholarships and research in California, CFOT has embarked on a plan to ensure that it can continue to provide this support in the future. By establishing an endowment, CFOT can continue in future years to provide educational scholarships and support OT researchers in California. This is how the plan works: Those of you who wish to participate provide \$2,500 — in installments over several years or as a lump sum. These supporters are recognized as Charter Members of the CFOT Legacy Circle and continue to receive special commendation by CFOT. By joining the CFOT Living Legacy Circle you are making a difference for a lifetime. The contributions in the endowment fund are invested so they grow in value each year. The earnings from these investments may be used each year to support California OTs with scholarships and/or research funds, or it may be reinvested for added growth. Please join the pioneers who have started the Legacy Circle with a full contribution. You may send full or partial contribution to:

**CFOT, 3458 La Sombra Drive, Hollywood, CA 90068.**

Mark your contribution for the Legacy Circle.

### **Charter members of the CFOT Legacy Circle:**

**Michele Berro**  
**Linda Florey**  
**Evelyn Jaffe**  
**Susan Knox**

**Bonita Kraft**  
**Shawn Phipps**  
**Julie Shaperman**

## LET PEOPLE KNOW YOU THINK THEY ARE SPECIAL!

CFOT will acknowledge a memorial or special occasion by sending a card to the person you designate, telling them that you have made a contribution to CFOT in their memory or honor. Tell your family and friends about this special giving program - it's a meaningful way of saying that you care. If you are interested in establishing a memorial fund in the name of someone special, you and your friends may contribute in that person's memory. When that fund reaches a designated amount, the fund will be used for a named scholarship.

### **2016 Special Giving**

**Luis Arabit** in memory of Maria Luz and Consuelo Arabit  
**Gitu Bhavnani** in memory of Katrina Watson and Colleen Byrne-Butcher  
**Donna Breger Stanton** in memory of Bill Stanton  
**Diane Briggs** in memory of Mary Ann Epstein  
**Karen Carrey** in honor of Lela Llorens  
**Patricia Catiggay** in memory of Doris Cutting  
**Katie Gunderson** in memory of Kermit Kingsbury  
**Sarah Kelly** in memory of Ward, Claire & Ward Frea Jr.  
**Heather Kitching & Lora Woo** in honor of Judi Palladino, Diane Mayfield, and Denise Miller  
**Janis Kitsuwu-Lowe** in memory of Willis Lowe  
**Susan Knox** in memory of Drs. Fred and Elizabeth Hirsch  
**Joanna Patton** in memory of Martin Shaperman  
**Ruth Ramsey** in honor of the students of Dominican University of California  
**Julie Shaperman** in memory of Martin Shaperman  
**Elizabeth Wyckoff** in honor of Meg Mitani  
**Lynn Yasuda** in memory of Mike Amate

# CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY CONTRIBUTUIONS 2016

## Golden Circle (\$5,000 – 5,999)

Bonita Kraft\*

## Silver Circle (\$1,000 - 4,999)

Michele Berro\*  
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Evelyn Jaffe\*  
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Fred Sammons  
Julie Shaperman\*  
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## Bronze Circle (\$500.00 - 999.99)

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\*Legacy Donor

## IN MEMORY OF

The following donations were received in memory of **Chuck Strauch**:

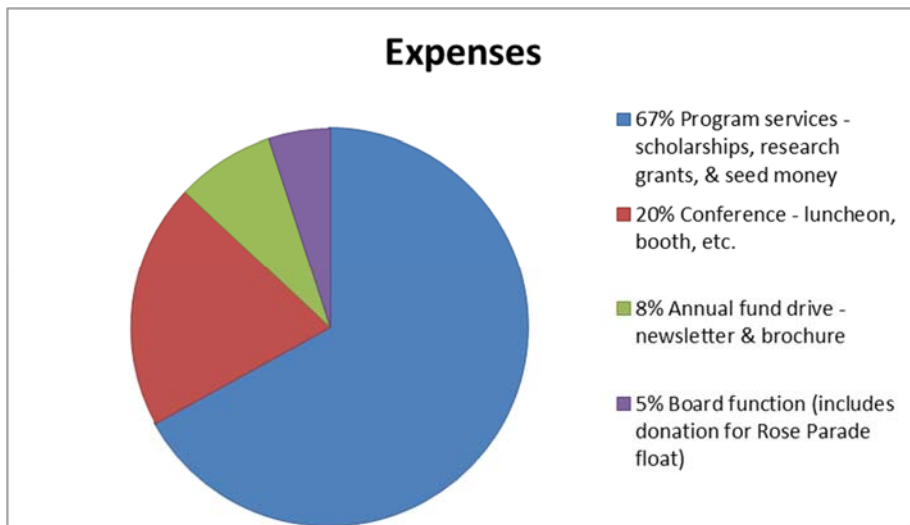
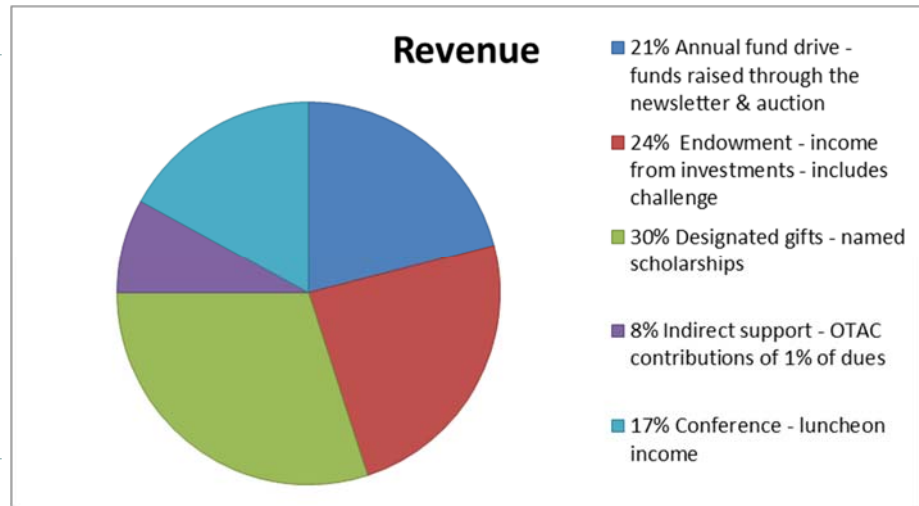
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Jack Wright

## 2016 FUNDRAISING EFFORTS

In 2016 the CFOT awarded \$21,000 in scholarships, \$2500 in traineeships, \$4500 in research, and \$1240 in seed money requests! In conference fundraising we generated monies through the silent auction and through matching the fundraising we generated through the challenge board worn through the exhibit hall. Bonita Kraft, Michele Berro and Linda Florey matched amounts up to \$500. **Thank you** conference attendees as we gained monies well beyond \$500! **Thank you** to those contributing a named scholarship, to everyone contributing auction items and contributing to our fundraising efforts. We are very, very grateful to your current support and your ongoing support as we enter our 36th year!

## WHERE DO YOUR CONTRIBUTIONS GO?

*We appreciate your support through your contributions and gifts.*  
**THANK YOU!**



These two charts show our revenue and expenses for 2016. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting edge research. They are also generous with “non-monetary” contributions such as donating table decorations, phone calls and travel, paper and ink for copying and other gifts.

## 2016 CFOT AWARDS AND RECIPIENTS OF SCHOLARSHIPS AND GRANTS

The recipients of the 2016 Certificates of Appreciation, Meritorious Service, Humanitarian Award, Honored Lectureship and the recipients of 2016 Scholarships and Traineeships and Research and Seed Money Awards are in the 2016 CFOT Electronic Newsletter and CFOT Awards at OTAC on the CFOT Website [www.CFOT.org](http://www.CFOT.org).

## CFOT BOARD MEMBERS

### **President**

Linda Florey, PhD, OTR/L, FAOTA

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### **Nominations & Recognitions**

Dottie Ecker, MA, OT, FAOTA

### **Publicity Chair & Newsletter Editor**

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### **Research**

Heidi Pendleton, PhD, OTR/L, FAOTA  
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### **Scholarship**

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### **Electronic Newsletter**

Christopher Goffredo, OTD, MOT,  
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### **OTAC Liaison**

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### **Members at Large**

Sarah Kelly, OT/L  
Pat Nagaishi, PhD, MA, OTR/L  
Lynn Yasuda, MEd, OTR/L, FAOTA  
Elizabeth Yerxa, EdD, OTR, FAOTA

## FUNDING OPPORTUNITIES FOR RESEARCH AND PROJECT DEVELOPMENT

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### **Program Development Projects Seed Money:**

Typically, applicants for this funding are occupational therapy practitioners or students who are interested in developing a new intervention program, client education program, or projects designed for the public benefit.

For additional detailed requirements and to download the guidelines and applications please see the Research section on the CFOT website.

For further information, you can also contact:

Heidi McHugh Pendleton, PhD, OTR/L, FAOTA  
(408) 924-3083 / (408) 924-3088 fax  
heidi.pendleton@sjsu.edu

Judith Palladino, MA, OTR  
(951) 203-5071  
twopalls@yahoo.com

We look forward to hearing from you and providing MONEY for qualified OT research and program development projects!

